



## Bridge Chat Overview and Importance

We maintain and enhance force readiness and develop the capabilities we need to protect America when we fully embrace a diversity of backgrounds, experiences, and thought. The Department will lead with our values, building diversity, equity and inclusion into all aspects of our work and in everything we do. Inclusivity will drive innovative solutions across the enterprise and create a constructive environment in which every person has the space to contribute fully.

## Chat Reminders

- ▶ **Based on feedback from the field:** August 2019 resilience tactical pause feedback told us that our teammates overwhelmingly want continued, sustained and consistent opportunities to talk with their leaders.
- ▶ **Leaders have flexibility.** HQ ACC provides the topic, but the timing, delivery, and discussion questions are at the commander's discretion.
- ▶ **Cohesive teams built on trust and synergy are more effective**  
**Above all else...**  
**Demonstrate respect for human dignity**

## Resilient Professionals

### Getting the Conversation Started

**VIDEO:** 461st ACW Bridge  
[Resilient Professionals](#)

**“The DoD will never spare support for its people, and will protect the safety, health, and welfare of service members and their families, and civilian employees”**

– Secretary of Defense Lloyd J. Austin III

### Related Resources

While resilience is an important topic, it is developed in our mundane, day-to-day lives. This resource outlines eight vital skills for building resilience that you can start practicing today: <https://bit.ly/39dQhk3>

**“We need resilient Airmen, Networks, Logistics and Weapon Systems to win a peer fight. Fragility anywhere is a Vulnerability everywhere.”**

– General Mark D. Kelly, Commander, ACC

### Suggested Discussion Questions

1. What key points about resilience did you take away from the 461st video?
2. What resilience skills do you use to overcome failures, distress, or challenges?
3. How is resilience related to readiness?
4. What are some characteristics of a resilient organization?
5. Who or what do you rely on to maintain resilience?
6. What can you do to help others develop resilience and seek help when needed?

**“My job will be to help set the stage for individual and team development, so our brothers and sisters are healthy, engaged and ready for the fight!”**

– JoAnne S. Bass, CMSAF